



## SOUTH LONDON YOUNGER PARKINSON'S NETWORK

We have recently set up a WHATSAPP Members contact group useful for ad-hoc communications, news and events including our monthly Newsletter. If you would like to join this group please whatsapp your number to Sue Roberts 07771611432

### MARCH NEWSLETTER – 2019

**Next Coffee meet:** **23 February 2019**  
10.00am—12.00 noon  
**Celine Duraffourd-Huckstepp from Boston Scientific will be joining us**  
**Time:** **Riverside Terrace Cafe, Royal Festival Hall, South Bank, London SE1 8XX**  
**Venue:** <https://www.southbankcentre.co.uk/visit/cafes-restaurants-bars/riverside-terrace-cafe>

**Future dates:**  
Will take place on the last Saturday of each month in 2019  
30 March, 27 April, 25 May, 29 June, 27 July, 28 September, 26 October

### POPPING FOR PARKINSONS

**(Please always check Popping for Parkinson's Facebook Page as dates change)**

Popping for Parkinson's by Simone Sistarelli

Thursday at 7 pm - 8pm. FOC.

Garden Room, The Wimbledon Club. SW19 5AG.

Email Simone Sistarelli - [superfunky@hotmail.it](mailto:superfunky@hotmail.it)

### JOIN US ON MONDAYS at LONDON BOXING ASSOCIATION GYM

**1.30pm every Monday £5.00 per 1 hour session. Easy parking outside:**

**Boxing Gym, Units 3&4 Bellenden Road Business Centre, Bellenden Road, Peckham Rye, London, SE15 4RF**

<http://www.londoncommunityboxing.co.uk>

Email Brian Lowe for more information: [brianlowe77@gmail.com](mailto:brianlowe77@gmail.com)

### Paul Mayhew-Archer

**Friday 22 March at 7.30 pm.**

<https://sohotheatre.com/shows/paul-mayhew-archer-incurable-optimist/#pricing-availability>

Over 20 of us are going! Hopefully everyone has paid for their tickets.

if you can't go, please phone the theatre ASAP, otherwise there may be cancellation costs

**PD Warrior sessions are in the process of being organised. Let us know if you are interested**

**Our website is being transferred as we write so check- out Facebook or twitter for any updates**