



SOUTH LONDON YOUNGER PARKINSON'S NETWORK

We have recently set up a WHATSAPP Members contact group useful for ad-hoc communications, news and events including our monthly Newsletter. If you would like to join this group please whatsapp your number to Sue Roberts 07771611432

MAY NEWSLETTER – 2019

April Coffee Meet:

Great to see so many of you on Saturday. Edoardo & Silvia joined us from the neurological Clinical team at Kings Hospital London. They went round the table having informal chats with everyone there and talked about their department, upcoming projects and how to get involved. Contact them direct with any questions you may have.

Eduardo De Natale: Edoardo.de_natale@kcl.ac.uk Silvia Rota: Silvia.rota@kcl.ac.uk

Hope you had a chance to speak to the Researchers from Kings College London. Don't worry if you missed them, as they or other team members are coming back! We may also get the chance to see their department too. Will keep you updated.

Next Coffee meet: 25 May 2019

Time: 10.00am—12.00 noon

Venue: Riverside Terrace Cafe, Royal Festival Hall, South Bank,

London SE1 8XX

<https://www.southbankcentre.co.uk/visit/cafes-restaurants-bars/riverside-terrace-cafe>

Future Dates: Will take place on the last Saturday of each month in 2019
29 June, 27 July, 28 September, 26 October

PD Warrior sessions in Herne Hill—Class is full, but we are talking to teacher about another session. This class has a grant to cover some costs, so sessions are £5 per person.

Contact **Caroline Bullock** caroline@mobileneurophysio.com for sessions in Ham.

London Marathon 2019

Greg has raised £1800 now!

Duncan Wright's brother, Colin Wright, ran the marathon on Sunday and he has raised nearly £4000!

BOXING FOR PARKINSON'S

JOIN US ON MONDAYS at LONDON BOXING ASSOCIATION GYM

1.30pm every Monday £5.00 per 1 hour session. Easy parking outside:

Boxing Gym, Units 3&4 Bellenden Road Business Centre, Bellenden Road, Peckham Rye, London, SE15 4RF

<http://www.londoncommunityboxing.co.uk>

Email Brian Lowe for more information: brianlowe77@gmail.com

POPPING FOR PARKINSON'S (Please always check Popping for Parkinson's Facebook Page as dates change)

Popping for Parkinson's by Simone Sistarelli

Thursday at 7 pm - 8pm. FOC.

Garden Room, The Wimbledon Club. SW19 5AG

Fancy becoming a Trustee for Parkinson's UK? Here's your chance.

England elections rapidly approaching.

Contact Margaret Chamberlain a trustee at Parkinson's UK:

margaret.chamberlain@signature-gifts.co.uk