



SOUTH LONDON YOUNGER PARKINSON'S NETWORK

We a WHATSAPP Members contact group useful for adhoc communications, news and events including our monthly Newsletter. If you would like to join this group please whatsapp your number to Sue Roberts 07771611432

NEWSLETTER – JANUARY 2020

HAPPY NEW YEAR !!

The first committee meeting is taking place on 11 January, so if you would like to get involved with organising our fundraising event (below), please contact Sarah Webb on sarah.webb@icloud.com.

FUNDRAISING EVENT—Friday, 2nd October 2020

SLYPN is going to hold another fundraising event in October 2020. This is going to be held at the new development at the Dog and Fox in Wimbledon Village.

Grant Davis and his band "Miss Havershams" will be the main entertainment.

The event committee so far is : David, Grant, Maureen, Phil & myself

How can you help? Please let us know if you want to join us! WE NEED YOU!

We need around 150 prizes from local businesses or shops.

We need help in getting VIP's there to perform, to support or MC the event.

We also need to organise invitations, posters, a monthly update newsletter to members, potential guests etc, wrappers, help with decorating the room and general support, plus any ideas!!

We are just finalising things with the venue, but they are also very excited to help us with this event and sound very positive about it all.

BOXING FOR PARKINSON'S

JOIN US ON MONDAYS at LONDON BOXING ASSOCIATION GYM

1.30—2.30pm every Monday £5.00 per 1 hour session.

Boxing Gym, Units 3&4 Bellenden Road Business Centre, Bellenden Road, Peckham Rye, London, SE15 4RF

Easy parking outside

<http://www.londoncommunityboxing.co.uk>

Email Brian Lowe for more information: brianlowe77@gmail.com

POPPING FOR PARKINSON'S -

(Please always check Popping for Parkinson's Facebook Page as dates change)

Popping for Parkinson's by Simone Sistarelli

Thursday at 7 pm - 8pm. FOC.

Garden Room, The Wimbledon Club. SW19 5AG

Email Simone Sistarelli - superfunky@hotmail.it

Dates : January 9th, 16th, 23rd 30th
February 6th, 13th 27th
March 5th, 12th, 19th 26th
April 2nd, 16th, 23rd, 30th
May 7th, 14th 18th
June 4th, 11th, 18th

Coffee Meets on the last Saturday of each month.

Day: Saturday

Time: 10am - 12noon -

Venue: Riverside Terrace Cafe, Southbank Centre, Belvedere Rd, Lambeth, London SE1 8XX

25th January - 29th February - 28th March - 25th April - 30th May - 27th June - 25th July - No meeting in August

26th September - 31st October - 28th November

Sarah Webb has been selected to help design Parkinson's UK campaign for 2020, if you have any thoughts for this, please text or email her direct. sarah.webb@icloud.com

