



## SOUTH LONDON YOUNGER PARKINSON'S NETWORK

We have recently set up a WHATSAPP Members contact group useful for ad-hoc communications, news and events including our monthly Newsletter. If you would like to join this group please whatsapp your number to Sue Roberts 07771611432

### NOVEMBER NEWSLETTER – 2019

#### Saturday/ Coffee Meet

Great to see and hear from a lot of you on Saturday!

#### Christmas Drinks

The next event will now be Christmas drinks on Wednesday, 27 November. It will take place at the Alexander in Wimbledon Town Centre (opposite Elys) which is where we held it last year.

As this is so close to our usual Saturday coffee meet, we won't meet on the Saturday 30 November. So, this will be our final meet up before Christmas. We will invite all our guests from this year to our drinks evening - including Dr Dhaval Trevedie, Celine etc

#### DATE FOR DIARY.

Friday, 2nd October 2020

SLYPN is going to hold another fundraising event in October 2020.

This is going to be held at the new development at the Dog and Fox in Wimbledon Village.

Grant Davis and his band "Miss Havershams".will be the main entertainment.

The event committee is : David, Grant, Maureen, Phil & myself (so far!)

How can you help? Please let us know if you want to join us! WE NEED YOU!

We need around 150 prizes from local businesses or shops.

We need help in getting VIP's there to perform, to support or MC the event.

We also need to organise invitations, posters, a monthly update newsletter to members, potential guests etc, wrappers, help with decorating the room and general support, plus any ideas!!

We are just finalising things with the venue, but they are also very excited to help us with this event and sound very positive about it all.

#### BOXING FOR PARKINSON'S

JOIN US ON MONDAYS at LONDON BOXING ASSOCIATION GYM

1.30pm every Monday £5.00 per 1 hour session. Easy parking outside:

Boxing Gym, Units 3&4 Bellenden Road Business Centre, Bellenden Road, Peckham Rye, London, SE15 4RF

<http://www.londoncommunityboxing.co.uk>

Email Brian Lowe for more information: [brianlowe77@gmail.com](mailto:brianlowe77@gmail.com)

#### POPPING FOR PARKINSON'S -

(Please always check Popping for Parkinson's Facebook Page as dates change)

Popping for Parkinson's by Simone Sistarelli

Thursday at 7 pm - 8pm. FOC.

Garden Room, The Wimbledon Club. SW19 5AG

Email Simone Sistarelli - [superfunky@hotmail.it](mailto:superfunky@hotmail.it)

#### RESEARCH projects near us- Click here to GET INVOLVED!

[https://www.parkinsons.org.uk/research/research-trials?query%5Bgeolocation\\_geocoder\\_google\\_geocoding\\_api%5D=Wimbledon%2C+London%2C+UK&query%5Bgeolocation\\_geocoder\\_google\\_geocoding\\_api\\_state%5D=1&query%5Blat\\_north\\_east%5D=51.4479453&query%5Blng\\_north\\_east%5D=-0.1907238000000067&query%5Blat\\_south\\_west%5D=51.4067483&query%5Blng\\_south\\_west%5D=-0.25697600000000875](https://www.parkinsons.org.uk/research/research-trials?query%5Bgeolocation_geocoder_google_geocoding_api%5D=Wimbledon%2C+London%2C+UK&query%5Bgeolocation_geocoder_google_geocoding_api_state%5D=1&query%5Blat_north_east%5D=51.4479453&query%5Blng_north_east%5D=-0.1907238000000067&query%5Blat_south_west%5D=51.4067483&query%5Blng_south_west%5D=-0.25697600000000875)

#### Research Conferences—Parkinson's UK

Research Support Network Conference 2019, Solihull - 10am on Saturday, 23 November 2019- Click on below to WATCH IT ONLINE

<https://www.parkinsons.org.uk/events/research-support-network-conference-2019>

#### Cure Parkinson's Trust

Any review for 2019 document , download here:

<https://www.cureparkinsons.org.uk/ar-2019>

*Science News:* - <https://www.cureparkinsons.org.uk/science-news>

#### Parkinson's Awareness Day 2020

Sarah Webb has been selected to help design Parkinson's UK campaign for 2020, if you have any thoughts for this, please text or email her direct.



